

# Swingin' Easy

Choreographed by Jamie Marshall (9/01)

6-Time UCWDC World Super Star Champion

Music: "Swingin'" by Blu Cantrell; Many WCS---using A only!

Phased Dance: "A" (Verse)-32 Counts; "B" (Chorus)-8 Counts, repeated 4 times (32)

## (A) VERSE

### WALK, POINTS, SHUFFLE, PIVOT

- 1,2 Walk forward R (1), L (2)  
3,4 Point R forward (3), Point R back (4)  
5&6 Shuffle forward, R,L,R (5&6)  
7,8 Step forward L (7), Pivot  $\frac{1}{2}$  R, stepping R forward (8)

### WALK, POINTS, SHUFFLE, PIVOT

- 9,10 Walk forward L (1), R (2)  
11,12 Point L forward (11), Point L back (12)  
13&14 Shuffle forward, L,R,L (13&14)  
15,16 Step forward R (15), Pivot  $\frac{1}{2}$  L, stepping L forward (16)

### CROSS ROCKS, STEP FORWARD, HEELS SPLITS

- 17&18 Cross rock R over L (17), Recover on L (&), Step R to R (18)  
19&20 Cross rock L over R (19), Recover on R (&), Step L to L (20)  
21,22 Step forward R (21), Step L next to R (22)  
&23 Swivel heels out (&), Swivel heels to center (23)  
&24 Swivel heels out (&), Swivel heels to center (24)

### MONTEREY TURN, SLOW SAILOR, CROSS BEHIND, SIDE STEP, SLIDE

- 25,26 Point R to R (25), Pivot  $\frac{1}{2}$  R, stepping R next to L (26)  
27,28 Point L to L (27), Step L next to R (28)  
29& Cross R behind L (29), Step L to L (&)  
30& Step R to R (30), Cross L behind R (&)  
31,32 Long step R to R (31), Step L next to R (32)

## (B) CHORUS (Dance 4 times, will turn $\frac{1}{4}$ after each 8 counts, completely full 360)

- 1,2 Point R to R (1), Cross R over L (2)  
3,4 Point L to L (3), Cross L behind R (4)  
5&6& Cross R over L (5), Step back on L (&), Step R to R, turning  $\frac{1}{4}$  R (6), Step L forward (&)  
7,8 Tap R heel forward twice (7,8)

Dance: A,A,B,(8 count tag) A,A,B,A,A,B,A,A,B

Tag: After 1<sup>st</sup> "B" Bump in place 8 counts and throw arms up on "Swingin".



Jamie Marshall, 1000 Northview Drive, Hendersonville, TN 37075 (615) 822-7345

[www.thejamiemarshall.com](http://www.thejamiemarshall.com)