

Mad Cowboy Disease

Choreography by Jamie Marshall (6/08)

Music: "Mad Cowboy Disease" by John Michael Montgomery
High Beginner / 48 counts / 4 Walls / 1 Restart after 32 Counts on Wall 4)

WALK, WALK, KICK-BALL-TOUCH, BUMP UP L, BACK R, UP L, BACK R

- 1,2 Step R forward (1), Step L forward (2)
- 3&4 Kick R forward (3), Step R next to L (7), Touch L forward (turn body 1/8 to R) (4)
- 5 Bump hips forward L (5) (use styling slighting turning body R 1/8 on Bumps)
- 6 Bump hips back R (6)
- 7 Bump hips forward L (7) (use styling slighting turning body R 1/8 on Bumps)
- 8 Bump hips back R (8) (12:00) (Weight ends on R)

ROCK BACK, ROCK FORWARD, MONTERAY TURN ¼ L

- 9,10 Rock L back (9), Recover to R (10)
- 11,12 Rock L forward (11), Recover to R (12) (12:00)
- 13,14 Point L to L (13), Turn ¼ L as step L next to R (14) (9:00)
- 15,16 Point R to R (15), Step R next to L (16) (9:00)

WALK, WALK, TRIPLE STEP, STEP, PIVOT ¼ L, CROSSING TRIPLE

- 17,18 Step L forward (17), Step R forward (18)
- 19&20 Step L forward (19), Step R next to L (&), Step L forward (20) (9:00)
- 21,22 Step R forward (21), Turn ¼ L, stepping L to L (22) (6:00)
- 23&24 Cross R over L (23), Step L to L (&), Cross R over L (24) (6:00)

SLIDE L, TOUCH, KICK-BALL-CHANGE, SLIDE R, TOUCH, KICK-BALL-CHANGE

- 25,26 Long slide step L to L (25), Touch R next to L (26)
- 27&28 Kick R forward (27), Step R next to L (&), Step L in place (28)
- 29,30 Long slide step R to R (29), Touch L next to R (30)
- 31&32 Kick L forward (31), Step L next to R (&), Step R in place (32) (6:00)
- *Note: For Restart on Wall 4 after first 32, Count 32 needs to be a touch to start Count 1 of dance)

L HEEL, TOE, HEEL TOE (TRAVELING L), R TOE, HEEL, TOE, HEEL (BRINGING R NEXT TO L)

- 33,34 Swivel L heel to L (33), Swivel L toe to L (34)
- 35,36 Swivel L heel to L (35), Swivel L toe to L (36)
- 37,38 Swivel R toe to L (37), Swivel R heel to L (38)
- 39,40 Swivel R toe to L (39), Swivel R heel to L (40) (6:00)

STEP R, TOUCH, TURN ¼ R, STEPPING L TO L, TOUCH, STEP R TO R, WIPE HEAD, SHAKE HAND

- 41,42 Step R to R (41), Touch L next to R (42)
- 43,44 Turn ¼ R, stepping L to L (43), Touch R next to L (44) (9:00)
- 45,46 Step R to R as begin motion of big wipe across head, L to R with R hand (45), Complete wipe motion (46)
- 47&48 Shake R hand (jazz hand) down (47), Shake R hand up (&), Shake R hand down (48) (9:00)

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